

ISD 196 Nordic Ski Parent Information Meeting 2024/2025



Your source for info...



<https://isd196nordicski.org/>



Booster Club Board

- Emilie Berglund
- Andrea Poppinga
- Kristin Wanken
- TBD

President
Communications
Vice President
Treasurer
Fundraising

What does the Booster Club do???



Meeting topics

- Booster Club
- Volunteering
- Website
- TeamSnap
- Fees
- Fundraising
- Equipment
- Clothing
- Used gear + clothing
- Ski waxing
- Transportation
- Schedule
- Trips
- NEW this year!



Volunteers

Who ARE they anyway?



Volunteering

Volunteer requirements: 2 times

- Options include
 - Race-day help for home meets
 - Race-day course monitors
 - Valleywood trail maintenance
 - Course setup and teardown
 - Periodic maintenance



Information + Technology

- Website
 - Single location for all information
 - Electronic forms/waivers
 - Electronic payments
 - Sign-ups via SignUpGenius
- TeamSnap app
 - Email, messaging, chat via TeamSnap
 - Schedule integration
 - Automatic notifications



How to access TeamSnap

1. Complete Team Enrollment process.
2. You'll receive an invitation to install TeamSnap.
3. Install the app!
4. Adjust your account settings to receive alerts as desired.

Separate teams/channels to be created for carpooling, waxing pods, etc.

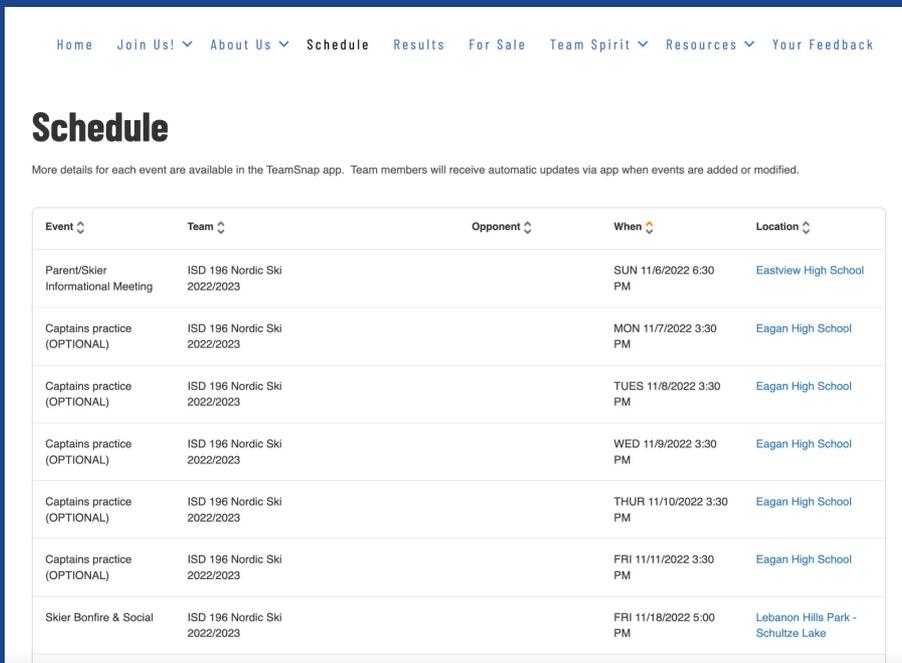


TeamSnap Team Enrollment



Schedule views

Website

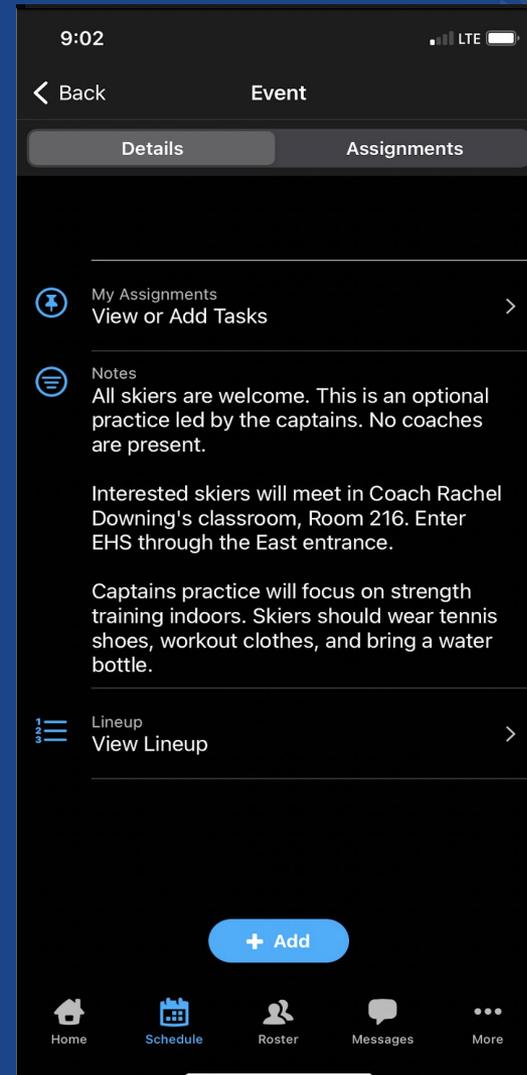


The screenshot shows the website's navigation menu with options: Home, Join Us!, About Us, Schedule, Results, For Sale, Team Spirit, Resources, and Your Feedback. The 'Schedule' section is highlighted. Below the navigation is a 'Schedule' heading and a note: 'More details for each event are available in the TeamSnap app. Team members will receive automatic updates via app when events are added or modified.' A table lists the following events:

Event	Team	Opponent	When	Location
Parent/Skier Informational Meeting	ISD 196 Nordic Ski 2022/2023		SUN 11/6/2022 6:30 PM	Eastview High School
Captains practice (OPTIONAL)	ISD 196 Nordic Ski 2022/2023		MON 11/7/2022 3:30 PM	Eagan High School
Captains practice (OPTIONAL)	ISD 196 Nordic Ski 2022/2023		TUES 11/8/2022 3:30 PM	Eagan High School
Captains practice (OPTIONAL)	ISD 196 Nordic Ski 2022/2023		WED 11/9/2022 3:30 PM	Eagan High School
Captains practice (OPTIONAL)	ISD 196 Nordic Ski 2022/2023		THUR 11/10/2022 3:30 PM	Eagan High School
Captains practice (OPTIONAL)	ISD 196 Nordic Ski 2022/2023		FRI 11/11/2022 3:30 PM	Eagan High School
Skier Bonfire & Social	ISD 196 Nordic Ski 2022/2023		FRI 11/18/2022 5:00 PM	Lebanon Hills Park - Schultze Lake



TeamSnap app



The screenshot shows the TeamSnap app interface. At the top, the time is 9:02 and the signal strength is LTE. The navigation bar includes 'Back' and 'Event'. Below the navigation bar are two tabs: 'Details' and 'Assignments'. The main content area shows 'My Assignments' with a 'View or Add Tasks' link. Below that is a 'Notes' section with the text: 'All skiers are welcome. This is an optional practice led by the captains. No coaches are present. Interested skiers will meet in Coach Rachel Downing's classroom, Room 216. Enter EHS through the East entrance. Captains practice will focus on strength training indoors. Skiers should wear tennis shoes, workout clothes, and bring a water bottle.' Below the notes is a 'Lineup' section with a 'View Lineup' link. At the bottom of the screen is a '+ Add' button and a navigation bar with icons for Home, Schedule, Roster, Messages, and More.

Fees

Two sets of fees fund the ski team:

1. School district
 - Paid via EduTrak (your skier's high school)
2. Booster Club
 - Paid via TeamSnap enrollment (available via our website)



School district fees (EduTrak)

Fees cover

- Coaches (head coaching)
- Insurance
- Busses to and from meets

Amounts are

- Grade 6: \$0
- Grades 7 - 9: \$149
- Grades 10 - 12: \$165



Booster Club fees (TeamSnap)

Fees cover

- Coaches (assistant coaching)
- Uniforms (3 HS teams)
- Waxing equipment + supplies
- Course supplies + grooming equipment
- Rental ski + roller ski inventory
- Three Rivers and Battle Creek ski passes

Amounts are

- Grade 6: \$100
- Grades 7 - 8: \$200
- Grades 9 - 12: \$250



Fundraising opportunities

Individual:

- Grocery bagging at Cub (4 dates)

Booster Club:

- Restaurant night: Panera

Individual + Booster Club:

- Heggies pizza!



Equipment:

Classic + Skate/Freestyle
methods

Classic

Skate/Freestyle



Equipment for NEW skiers

POLES

BOOTS

SKIS

Classic

Skate

Combi

Classic

Skate

PURCHASE

Fittings at Finn Sisu

RENT

Fittings at Coach Abery's

Sign-ups coming soon!

SKI BAG



Ski RENTAL

Skis available

- Classic skis + Skate skis

Who can rent?

- MS and 1st-year HS skiers: Rent 2 pair
- 2nd-year HS skiers: Rent 1 pair

Rental fitting schedule:
Sign-ups AVAILABLE!



Gear PURCHASE

Poles

- 1 pair Classic, 1 pair Skate
- ALL skiers

Boots

- 1 pair Combi OR 1 pair Classic + 1 pair Skate

Finn Sisu fitting schedule:
Sign-ups coming soon!



Any other gear needed?

Dryland training

- Ski poles (used, cheap, up to shoulders, NOT bamboo or Alpine)
- Good shoes

Does your skier need/have a method to carry water, ski wax, and/or phone?

Kick wax kit, wax remover through team enrollment



Clothing needed

Dressing appropriate is critical to comfort!

- Per Ellen, “Cotton is rotten.”
- Don’t dress for Alpine skiing.



For Sale

Interested in selling your skiers' clothing or gear?

Interesting in buying used clothing or gear for your skier?

Nordic Merch



Ski waxing's gotta happen...

Waxing clinic at beginning of December

Waxing pods occur evening before meet:

- Volunteer hosts needed
- Skiers will sign up for a pod for the season

Skiers should keep their kick wax kit in their ski bag.

Website provides information as well!



Transportation

Meets

- Busses transport to and from meets from Eagan High School
- Time communicated via email and website
- Coach contacts schools for early release

Practices

- Parents responsible for transportation
- Middle schoolers -- be there by 3:30 p.m.
- Carpool setup



Schedule

Middle school skiers

- 3 days/week: Discuss with Coach Abery

High school skiers

- 5 days per week
- + Saturday for Varsity

Holidays

- Thanksgiving
- Christmas



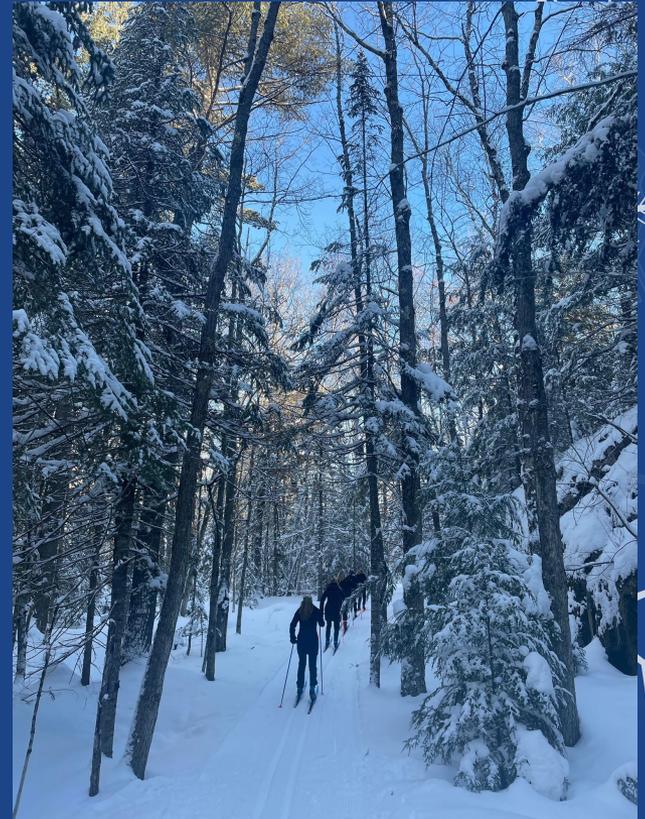
Winter Training Trip

- December 27th - 29th, 2024
- Great way to have fun as a team
- Excellent training opportunity
- Ski at Giants Ridge in Biwabik and stay at YMCA Camp Warren in Eveleth
- ~\$300+ covers lodging, meals, transportation, ski pass



Thanksgiving Training Trip

- Varsity skiers
- November 29th - December 1st, 2024
- Headed to Ironwood, MI
- Excellent training opportunity
- Non-varsity skiers will have practice



What's next for my skier?

1. Register via EduTrak by first practice
2. Complete Team Enrollment via TeamSnap
3. Install TeamSnap app and access team information
4. Go to website homepage...
 - a. Sign-ups
 - b. Explore website



Team enrollment via TeamSnap

- Questions
 - Rental skis
- Waivers
 - 6th graders, rental skis
- Fees
 - Booster Club
 - Rental skis
 - Kick wax kit and wax remover



NEW this year!

- Parent check-in meetings
- Heggies pizza fundraiser
- Parents' social on December 7th
- Alumni/skier event
- Parents Learn-to-Ski night(s)
- Food drive
- Merch store
- Option to pay TeamSnap fees in installments
- Pancake breakfast(s)



Questions?

Stick around...

Tonight's slide decks to be posted on website

