

Parents, new to Nordic or want a refresher?

What's what...

Website: All sign-ups and forms

Email: Regular updates and reminders

TeamSnap: Messaging, alerts, detailed schedule, roster



Items to complete or consider

First day: Monday, November 10th

Captains' Practices: Starting Monday, October 27th (See TeamSnap schedule for more info.)

Item	Description	Where to go to do this
School district registration	All 7th - 12th graders must be registered through EduTrak by Monday, November 10th. Available now.	Register through district's EduTrak system.
Team enrollment	All 6th - 12th graders need to enroll through TeamSnap in order to access TeamSnap app. Available now.	Go to isd196nordicski.org .
Install TeamSnap app	You'll receive an invitation to join once you enroll your skier in the step above.	Watch your email.
Equipment	Purchase: Sign up for a Finn Sisu fitting with Coach Abery. You'll receive an email once sign-ups are available.	Go to isd196nordicski.org .
	Rent: Sign up for rental ski fittings at Coach Abery's. You'll receive an email once sign-ups are available.	Go to isd196nordicski.org .
Carpool	Do you want to join a carpool for your skier(s)? Sign up via website. Available now.	Go to isd196nordicski.org .
Parent check-in meeting	Optional Zoom meeting will be available for parents at the on Sunday, November 23rd to answer questions.	Watch TeamSnap schedule for Zoom link.
Ski waxing, waxing pods, waxing clinic, uniform handout, team merchandise, fundraising, grocery bagging opportunities, meet volunteering, meets, Thanksgiving Training Trip, Winter Training Trip, etc.		We'll get there. There will be plenty of communication via email.

Gear for NEW skiers

Item	Description	Purchase or rent?
Boots	1 pair of Combi boots for new skiers	Rent optional if first-year middle schooler. Purchase otherwise.
Skis	1 pair Classic, 1 pair Skate	Rent; pay through team enrollment process.
Poles	1 pair Classic, 1 pair Skate	Purchase.
Ski bag	1 bag	Purchase.
Dryland poles	If you buy, go CHEAP, like Play It Again Sports	Purchase or borrow at practice.
Running shoes	Be sure the shoes are in solid shape for running to avoid injury.	Purchase.
Roller skis	If your skier uses roller skis, they will be able to borrow at practice.	Borrow at practice.
Kick wax kit, wax remover	Each family of skiers needs these.	Purchase through team enrollment process.
Method to carry water, phone, keys, kick wax when skiing		Purchase.