ISD 196 Nordic Ski Parent Information Meeting 2026/2027

Your source for info…

https://isd196nordicski.org/

Meeting topics:

- Captain Intros
- Booster Club Intro
- Parent Volunteers
- Website
- TeamSnap
- Fees / Fundraising
- Equipment / Clothing / Wax
- Transportation
- Schedule
- Trips

Booster Club Board

- Frank Cossetta, President
- Jill Noack, Treasurer
- Megan Ruff, Communications (TeamSnap)
- Christine Wiedenfeld, Communications (Website, SignUp Genius)

Booster Club Board - Core Responsibilities

- Communicate and Coordinate - with coaches, parents and athletes pertinent information necessary for a successful season.
- Coordinate skiers for transportation and race list for Meets.
- Tools - Maintain Team Snap / Website to ensure communication vehicles are updated with information necessary to run the team
- Financial Planning - Create annual budget and transparent spending process.
- Fundraising - Plan and execute fundraisers driving Booster Club revenue for coaching, uniforms, equipment, or other team needs.

Volunteers - We need parent Volunteers !

- Fall/Winter Trip Coordinator: Scott Lyon
- Uniforms: Vanessa Cossetta
- Race Day Course Monitors: TBD
- Bonfire Coordinator: TBD
- Waxing Pod Hosts: TBD
- Banquet Coordinator: Vanessa Cossetta/
- Picture Day Coordinator: TBD
- Parent Social Hosts:
- Race Day Help: TBD

Information & Technology

- Website
  - Single location for all information
  - Electronic forms/waivers
  - Sign-ups via SignUpGenius

- TeamSnap app
  - Chatting, alerts via TeamSnap
  - Automatic notifications
  - Schedule integration, details
  - Photos
  - Email versus chat: Difference?

Our homepage

Home | Join Us! | About Us | Schedule + Events | Results | Used Equipment | Team Swag | Resources

Who we are

The ISD 196 Nordic Ski Team is composed of students from all ISD 196 high schools - Apple Valley, Eagan, Eastview, Rosemount, School of Environmental Studies - as well as the district middle schools - Black Hawk, Dakota Hills, Falcon Ridge, Rosemount, Scott Highlands, Valley. **ALL BOYS AND GIRLS IN GRADES 6-12** are welcome.

The season runs mid-November through mid-February.

Please contact

- Megan Ruff at ruffmegan@gmail.com if you have a 6th grader who is considering joining the team.
- Coach Brian Abery at abery001@umn.edu with all other questions.

Head to **Team Registration + Enrollment >>** to learn about the registration and enrollment processes and enroll your skier.

Accessing TeamSnap

1. Complete Team Enrollment process.
2. You'll receive an invitation to install TeamSnap.
3. Install the app!
4. Adjust your account settings to receive alerts as desired.
5. ***Emails and alerts are how the coaches notify parents of day of changes to schedule. It is VERY helpful to share contact info in order to be contacted for day of changes timely.***
6. If you aren't seeing the team in TeamSnap, let Megan know and she can resend the invite.

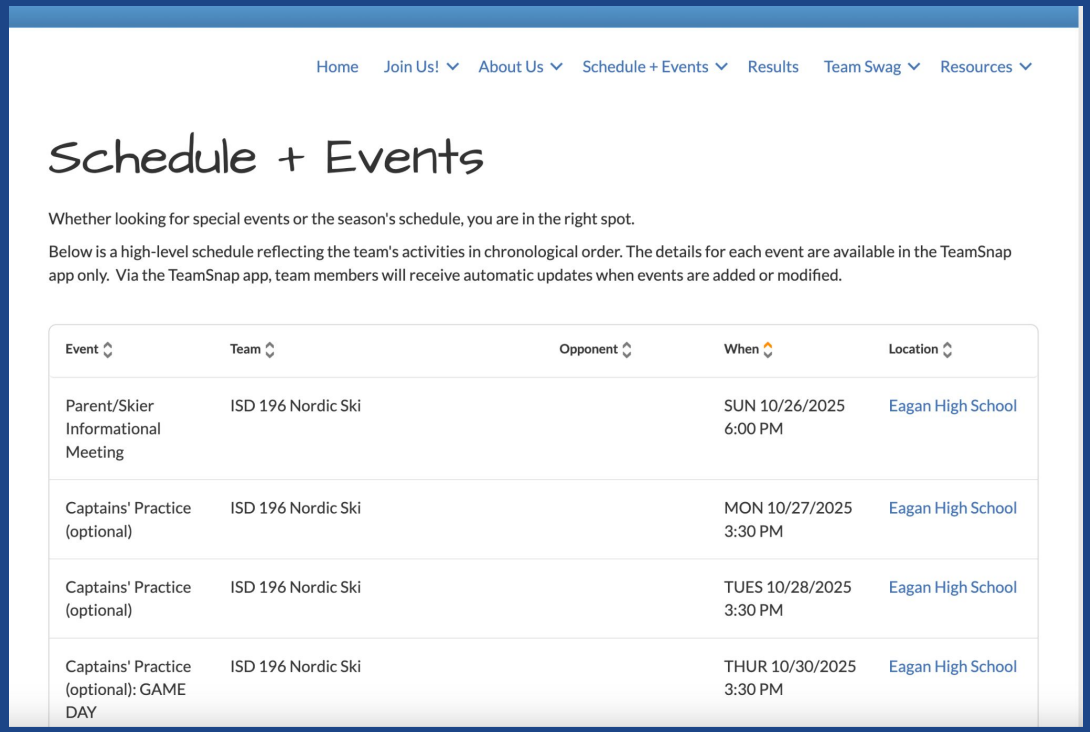
***Separate teams/channels to be created for carpooling, waxing pods, etc.

Team enrollment via TeamSnap

- Questions
  - Rental skis and boots
- Waivers
  - 6th graders and all rental skis
- Fees
  - School District
  - Booster Club
  - Rental skis
  - Kick wax kit and wax remover (EVERY skier needs these items!)

Two schedule view options:

1. Website



Heads up:

- Attendance communication
- Weekly schedule

2. TeamSnap app

Fees

Two separate sets of fees fund our nordic ski team:

1. School district
    - Paid via EduTrak (your skier's school)

2. Booster Club
    - Paid via TeamSnap enrollment (available via our website)

School district fees (EduTrak)

Fees cover:

- Coaches (HC + 3 FT + 2 PT)
- Insurance
- Buses to and from meets

School District Fees:

- Grade 6: $0
- Grades 7 - 9: $150
- Grades 10 - 12: $165

Booster Club fees (TeamSnap)

Fees cover:

- Coaching (assistant coaching)
- Uniforms (3 HS teams) - New Uniforms for specific teams both last year and this year
- Race Waxing equipment + supplies
- Course supplies + grooming equipment
- Three Rivers ski pass $60
- Awards, posters, bonfire, treats, etc.
- Team Snap
- Rental ski + boot + roller ski inventory
- Winter Trip Financial Support - Busing to Winter Trip $**3K**?
- Grade 6 - 50% of the fee goes towards Three Rivers Pass

Booster Club Fees:

- Grade 6: $100
- Grades 7 - 8: $200
- Grades 9 - 12: $250

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Fundraising opportunities:

TYPE 1: Booster Club:

- Give to the Max Day, November 19, 2026
- Restaurant night: TBD
- Winged Feed and Seed Company Fundraiser - Sell bird seed and supplies. Proceeds to Booster club

TYPE 2: Individual Skier:

- Grocery bagging at Cub (6 dates) - Proceeds to Skiers to offset season expenses!
    - Sign up for 2 hour slot on website
    - 11/14, 12/5, 12/12, 12/19, 1/9, 1/23

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Equipment Needed:

Classic + Skate/Freestyle methods

Classic

Skate/Freestyle

Check out our equipment exchange at:
https://isd196nordicski.org/nordic-thrift

Who: 1st-year skiers

Complete size information on TeamSnap

Paid for with TeamSnap enrollment.

POLES

Classic

Skate

BOOTS

Combi

SKIS

Classic

Skate

PURCHASE

Fittings at **Finn Sisu**

Sign-ups on homepage!

RENT

Fittings at **Coach Abery's**

November 22nd/23rd -- sign-ups coming soon!

SKI BAG

PURCHASE

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Who: 2nd- & 3rd-year middle schoolers-rent 2 pairs of skis
2nd year high schoolers-rent one pair of skis + purchase one
3rd year high schoolers- should own two pairs of skis

POLES **BOOTS** **SKIS**

Consider Nordic Thrift on website!

Classic Skate Combi

Classic Skate

PURCHASE
Fittings at **Finn Sisu**

Sign-ups on homepage!

RENT
Fittings at **Coach Abery's**

November 21st/22nd--
sign-ups coming soon!

SKI BAG
PURCHASE

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Ski and Boot: Rental Options

Skis available for rent:

- Classic skis + Skate skis

Who may rent skis?

- MS and 1st-year HS skiers: Rent 2 pair
- 2nd-year HS skiers: Rent 1 pair

Boots available for rent to 1st-year skiers!
Limited quantity and sizes.

Rental fitting schedule coming soon.

Gear: Purchase

Poles

- 1 pair Classic, 1 pair Skate
- ALL skiers

Boots (for non 1st-year skiers)

- 1 pair Combi OR 1 pair Classic + 1 pair Skate
- Check the used section on the website!

Finn Sisu fitting sign ups are on the website.

Used Gear: Buy AND Sell!

- **BUY**: We have a great variety of used boots (specifically size 42) on our site!!
- BUY: Selection of other equipment available!

- **SELL:** If you would like to sell on our site - please fill out the form to populate on our site.

  *** If you do sell equipment or inquire about something and find out it has sold, please notify the booster club (Christine) so we can update the site

Nordic Merch

Other gear needed:

Dryland training:

- Ski poles (used, cheap, up to shoulders, NOT bamboo or Alpine)
- Running shoes

Waist Pack: Does your skier need/have a method to carry water, ski wax, and/or phone?

****Kick wax kit, wax remover through team enrollment

Clothing:

Dressing appropriately is critical to comfort!

- “Cotton is rotten.”
- Don’t dress for Alpine skiing
- Thin layers, breathable material

See the clothing tab on the website for a comprehensive list.

Ski waxing

Waxing clinic will occur at beginning of December.

Waxing pods occur evening before meet:

- Volunteer hosts needed
- Skiers will sign up for a pod for the season

Skiers should keep their kick wax kit in their ski bag.

Website provides information as well!

Transportation:

Meet Day:

- Buses transport to and from meets from Eagan High School (we hope)
- Time communicated via email and website
- There will be early release dates for meets; Coach contacts school directly to coordinate

Practice Day:

- Skier or Parents responsible for transportation
- Middle schoolers -- be there by 3:30 p.m
- Carpool setup
- Have a backup plan for weather changes
- Skiers must be picked up on time!

Recruiting New Skiers

Friends of Skiers:

- Parents - if you know of any of your skiers friends who may be interested in Nordic; we'd love to have them!!

Siblings of Skiers:

- If you have other children who have interest, we'd love to have them!!

Try it out day:

- 11/14/26 Quarry Pond Park through EVAA

Schedule:

Middle school skiers:

- 3 days/week: Discuss with Coach Abery
- They can practice more if they want to.

High school skiers:

- 5 days per week
- + Saturday for Varsity

Holidays:

- Thanksgiving Day…no practice
- Christmas Day…no practice

Thanksgiving Training Trip

- Varsity skiers
- Dates: 11/27/26 - 11/29/26
- Headed to Ironwood, MI
- Excellent training opportunity
- Non-varsity skiers will practice in town.

Winter Training Trip

- Dates: 12/28/36 - 12/30/26
- Great way to have fun as a team
- Excellent training opportunity
- Stay: Wildwood Resort
- Ski: Mt Itasca
- Booster Club to cover busing - $3K+!!!

2026 Trip:

- ~$300+/skier covers lodging, meals, transportation, ski pass

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What's next for my skier?

1. Register with School District via EduTrak before the first practice.
2. Complete Team Enrollment via TeamSnap link on the website.
3. Install TeamSnap app and access team information.
4. Go to website homepage:
    a. Sign-ups
    b. Explore website

Tentative Dates:

- 11/09 First day of Practice!
- 11/27-11/29 Varsity Thanksgiving Trip
- 12/28-12/30 Winter Training Trip (Open to Everyone)
- 1/18/26 Conference Championships at Mora
- 1/26 Classic Team Sprints + JV Championship
- 2/02 Section Championships
- 2/10-2/11 State Meet

Additional Information!

- Parent check-in meeting: Date/time <tbd>
- Parents' Social: Date TBD
- Alumni/skier event
- Parent learn-to-ski night(s) - TBD
- Nordic Merch store
- Option to pay TeamSnap fees in installments
- Pancake breakfast(s)

Questions?

Stick around…

Tonight’s slide decks will be posted on website.

Your source for info…

https://isd196nordicski.org/